

DÉL-ALFÖLD: ANGOL / KÖZÉP

WEBQUEST 2: „DESSERTS”

PROJECT 4: „Fruits”

1. FELADAT: Készítsen kis képes bemutatót a Magyarországon honos gyümölcsökről (min. 10 kép és név)! Készítsen kis képes bemutatót a déli- és egzotikus gyümölcsökről (min 5 kép és felirat)!
2. FELADAT: Írjon rövid párbeszédet, amelyekben egzotikus gyümölcsök alakja, színe, íze, származása, stb. (min. 5 gyümölcs) iránt érdeklődik!
3. FELADAT: Keressen információt a gyümölcsök és az egészség kapcsolatáról, és írjon erről néhány mondatot!
4. FELADAT: Értelmezze röviden a következő angol közmondás lényegét: „An apple a day keeps the doctor away.”!

GROUP 9:

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PROJECT 4.

1. EXERCISE

FRUITS FROM HUNGARY



apple



pear



plum



grape



strawberry



raspberry



redcurrant



blueberry



melon



watermelon



cherry



tart cherry



apricot



peach



nectarine



quince

FRUITS FROM SOUTH OF EUROPE



orange



tangerine



lemon



cactus pear



kiwi



fig



date



pineapple

TROPICAL FRUITS FROM ALL OVER THE WORLD



banana



mango



papaya



avocado



pomegranate



carambola



maracuya



sharonfruit/kaki



kumquat



cherimoya



litchi



physalis

2. EXERCISE

Customer: Could you give me some information about tropical fruits?

Fruit vendor: What exactly do you want to know?

Customer: What **does mango** like? Grammatically correct question but has no meaning. I like mango but does mango like me???

Fruit vendor: Mango is round or oval. The fruit colour is green, yellow or red, but the pulp is orange. Oh, and there's a big seed inside the fruit.

Customer: Where is mango from?

Fruit vendor: It's from India.

Customer: Is mango good for fruit salad?

Fruit vendor: Yes, it is. It's a luscious fruit. You can use mango for fruit salad, ice-cream. You can also make mango jam or jelly.

Customer: What does *carambola* like?

Fruit vendor: Star fruit or „five corners” are other names for this fruit. It's green-yellow or yellow, about three to six inches long. Carambola is a good addition to a fruit or green salad, because it's surly sweet. You can decorate fruit cakes with sliced carambola.

Customer: Where is carambola from?

Fruit vendor: It's from Southeast Asia (Malaysia, Thailand, etc.).

Customer: What does *avocado* like?

Fruit vendor: Avocado is round, oval or pear-shaped. The fruit colour is dark green, sometimes dark purple. There is a big seed inside the fruit. Avocado is good for

sweet and salty meals, for sandwiches, fruit salad, shakes. Attention: don't boil avocado, because it will be bitter!

Customer: Where is avocado from?

Fruit vendor: Avocado is from the Central American countries.

Customer: What does *litchi* like?

Fruit vendor: Litchi is round or oval. It's as long as a ping-pong ball. The outside is covered by a red rind that is inedible but easily removed. The inside consists sweet, translucent white flesh. Litchi is surly sweet.

Customer: How can I use litchi?

Fruit vendor: You can use litchi for fruit salad, and you can dry the fruit.

Customer: Where is litchi from?

Fruit vendor: It's from China.



Customer: What does *cherimoya* like?

Fruit vendor: It's conical or heart-shaped. Cherimoya is four to eight inches, it's as big as a pear. The skin is light green, the creamy pulp is white. There're black hard seeds inside the fruit. The subacid flesh is soft, juicy, sweet and fragrant. The flavour is rich and aromatic. Eat like a watermelon: peel and cut into cubes and add to fruit salads, pure and use as a mousse or pie filling. Don't forget to spit out the big black seeds!

Customer: Where is cherimoya from?

Fruit vendor: It's from South-America.

Customer: What does *kumquat* like?

Fruit vendor: Kumquat resembles a miniature oval orange, 3-5 cm long and 2-4 cm wide. Peel colour ranges from yellow to red. It has an edible skin. The kumquat is good addition to a fruit salad or martini garnish. You can make marmalade and jelly from kumquat.

Customer: Where is kumquat from?

Fruit vendor: Kumquats originated in China and have long been cultivated there and in Japan.

3. EXERCISE

Why should we have fruit every day?

- Fruit contains on average 80% water. The human body contains 80 % of water, too. So what should humans eat: food that contains 80 % water.



- Fruit doesn't contain bad-cholesterol. Too much bad-cholesterol is not good for our bodies.
- Fruit has a very positive effect on the brain. So if you want to stimulate your brain functions you have to eat much fresh fruit.
- Fruit contains healthy (natural) fibers, so it helps against corpulence, high blood pressure, etc.
- Fruit is brimming a whole range of vitamins. Vitamins are essential for our bodies to function properly, for growth, energy and our general well-being.
- Fruit is low in calories, so it's healthy addition to any diet.
- Fruit contains glucose (fruit sugar). Your body can easily turn this glucose into energy by using oxygen.

4. EXERCISE

„AN APPLE A DAY KEEPS THE DOCTOR AWAY.”

Eating fresh apples is always good for you:

- Apples are a delicious source of dietary fiber, and dietary fiber helps aid digestion and promotes weight loss. A medium apple contains about five grams of fiber, more than most cereals.
- Also, apples contain almost zero fat and cholesterol, so they are a delicious snack and dessert food that's good for you. One medium apple has just 70 calories.
- Apples contain vitamin A, C and E. Vitamin A helps cell reproduction, vision and bone growth. Vitamin C is an antiviral agent and helps fight against cancer. Vitamin E heals broken skin tissue.
- Medium apples contain approximately 150 mg of potassium. Potassium is important in the regulation of blood pressure.
- One medium-sized apple contains 1/2 cup of water, making it a quick and easy thirst quencher to help keep your body hydrated.

